

# The Ergotherapist



**Ergotherapy then and now**



## Përmbajtja

- 1.** Instituti Kosovar i Ergoterapisë
- 2.** Hapja zyrtare e Institutit Kosovar të Ergoterapisë
- 3.** Shendeti mendor
- 4.** Tell me once again
- 5.** Ngjarjet e Holly-t: Një letër nga Amerika
- 6.** Movies
- 7.** Rrugë Alternative Për Karrierë në Ergoterapi
- 8.**

# Instituti Kosovar i Ergoterapisë



## WFOT Congress 2018

Congratulations to everyone who attended and participated in the WFOT 2018 Congress, held for the first time in Africa. It was a tremendous success with over 2000 people from 85 countries. The next WFOT Congress which will be in Paris, France in 2022 with the theme "Occupational R-Evolution"

**START SAVING NOW!**



# Mental Health Campaign

The Royal College of Occupational Therapists (RCOT) UK has produced a report as the next stage of the Occupational Therapy: Improving Lives, Saving Money campaign. The report "*Improving Lives, Saving Money campaign report. Getting my life back: Occupational therapy promoting mental health and wellbeing*", was published on Monday 14<sup>th</sup> May and outlines how occupational therapy improves the lives of people with mental health conditions with a focus on prevention and early intervention.

The main recommendations from the report are as follows:

**'RCOT recommends occupational therapists lead and innovate in the design and delivery of mental health services in four key areas:**

- **Ensuring young people with mental health problems transition well into adulthood by helping them achieve their full educational potential**
- **Addressing employment needs when working with people with mental health problems**
- **Improving the physical health of people with serious mental health problems, incorporating and promoting healthy occupations.**
- **Improve access to mental health support in primary care.'**

The RCOT are promoting the report in Westminster (16/5/2018), at the Welsh Assembly (22/05/2018) and at Holyrood Scotland (06/06/2018) with an event to be confirmed in Northern Ireland, to ensure the important role of occupational therapy in mental health services is highlighted to key political decision makers.

# IMPORTANT

If you know someone who should receive a copy of the Ergotherapist please send me their details.

This is your way to say what YOUR PROFESSION can achieve.

Name of the person:

Email Address:

Profession:

Place of work:

Thank you to those who sent me contacts details last month



**Stuart's Foot Note**

**Keep the general goal in sight while  
tackling the daily tasks**